ATTRACT: Abundance, Time, Love, Energy, Peace, Health

BECOME YOUR BEST YOU BY ALIGNING YOUR SOUL, HEART, MIND & BODY POSITIVELY YOU YOU

CONFIDENT SUCCESSFUL LIVING BLUEPRINT



This overview is filled with my proven blueprint steps, but it was not designed as a comprehensive 'start to finish' material. It's a checklist used with clients on the inside to help them set up and create their own '**Positive, Purposeful, Confident, Abundant'** life creating their successes, desires, goals and dream life in record time.

Rather than running around in circles in life, wasting precious time and energy these ladies on my POSITIVELY YOU - CONFIDENT SUCCESFUL LIVING program are coached along a systematic path to achieve their successes. It has a Past, Present, Future overtone.

- 1. Learn Who You Are
- 2. Upgrade Your Skills
- 3. Design Your Purposeful life

The journey you undertake is from an UNEMPOWERED life to an EMPOWERED confident life whereby YOU are more IN Control of your life.

The result is creating your life whereby you are creating, manifesting and then LIVING YOUR DREAMS.

About Janice Pavies

"Writing an Interactive movie to pass on the message has had Janice embracing her life purpose. Based on her memoirs '*The Success Attitude – Haunting Messages Guiding Us*' Janice has been teaching for 30 years success strategies in conferences, workshops and classrooms.

She is passionate about teaching while inspiring and encouraging women to move from negative and unempowered to POSITIVE and EMPOWERED.

Janice coaches women, to embark on their personal journey to 'Become their Authentic BEST version of themselves' while aligning to their UNIQUE life purpose. Implementing a new mindset, her POSITIVELY YOU programme teaches embracing lessons from the past, reacting in the present and attracting the happiness, SUCCESS, love, ABUNDANCE and WELL-BEING with Law of Attraction principles to manifest their desires into their lives

TOPIC 1 UNCOVER 'WHO YOU REALLY ARE'

After 30 years teaching strategies, tools and new skills to thousands of people to revamp their confidence and upgrade their mindset, THE number one struggle I help clients OVERCOME is discovering their 'real self' and GAINING the confidence to embrace their life purpose and pursue their dreams.

Most women simply do not have the confidence or COURAGE to CREATE their own happiness across the spectrum of their lives. People LIVE a life compromised with unfulfilled dreams and untapped talents.

Becoming CRYSTAL clear on 'WHO they are', how their PAST has shaped their present life then positioning their learning to solve their challenges rearranges their life to align with 'WHAT THEY REALLY WANT' and attract that into their lives.

So, let's get you clear it's letting go the past, people and experiences, loving the challenging lessons you've learnt and steer your focus on the positive future you desire.

TOPIC 1 DISCOVER YOUR UNIQUE SELF

If you're not living PART or ALL of your life authentically, becoming the REAL UNIQUE YOU then you are lying about your greatness and potential.

Your inner and outer worlds are not in alignment walking down the same road in life. Inner self is heading south east, outer self is heading north and your authentic direction is directly east! You don't realise it yet – but your life is scattered, unsettled lacking direction and purpose.

If don't have ANY idea of who you really are but instead living being the person everyone else WANTS you do be, you are NOT living your life uncovering your soul purpose. You're not analysing yourself and possibilities.

The direction in your life, isn't focussed on the aligning to the authentic you therefore you're creating a life based on a misconception. If you don't investigate your unique life purpose you won't really know yourself. You need a reliable way to explore your soul identity for direction of the six areas of your life and where to set your goals while designing your dreams.

Your future direction and finding yourself, forces you to go through a few hoops so that you answer questions about your soul and life direction. You show up in YOUR life already having DECIDED your route to focus, so you don't waste your time meandering down wrong avenues with misaligned goals.

Part of an EFFECTIVE direction for your goals DOES not require an in-depth analysing of past unhelpful habits and experiences. Some areas of your life might be okay, others may not.

Your authentic self allows you to do many things and it shows as you uncover your personal potential. You've been to the burning bush you have experienced things yourself and you have first-hand experience in some or all areas of your life that are unfulfilling to you. NOW it positions you at a critical turning point in your life. You are at a crossroad – directionless!!

TOPIC 2 SELF-DISCOVERY MINDSET REVAMP

So far, your life direction is simply based on what problem needs a solution VERSUS what direction you can map out that's exciting, motivating which you're passionate about.

That's it.

What requires more work is often the INNER work of REVAMPING your concepts of self, as well as beliefs about worthiness and deservingness. To actually go out there and begin commanding a life designed with your dreams, passions, gifts, talents undiscovered and incorporated into your life.

Your life plan is simply a set of habits that you've been amassing that you will continue routinely throughout your life which maybe do not bring you ABUNDANCE, TIME, LOVE, ENERGY, MONEY & COMFORT. Maybe your job is in administration or in sales because your parents persuaded you years ago or it was an easy job to get and you've always wanted to work in another area.

May be you're depressed, anxious, stuck because you don't realise your life needs a realignment to become the REAL YOU!

TOPIC 2 WHAT TO RELEASE

Now that you have clarity about 'your SOUL PURPOSE or unfulfilled dreams' you have a direction to guide your life and focus your goals. Now YOU ARE READY to create more TIME and ENERGY in life to begin playing in.

Most people have NO clue how to get on track to their unique journey or purpose. then align their life to their highest good and potential.

I've boiled it down to a very simple process.

This is the initial path of self-discovery of the POSITIVELY YOU - Confident Successful Living program.

In other programs I teach more in-depth strategies but I get you started here. Some clients move quicker into empowered living on this initial simple format.

You create stepping stones aligning to your pathway of becoming 'Positively YOU increasing CONFIDENCE while living and creating your successes, understanding your fears and feelings as guidelines.

Your direction aligns to your purpose, uniqueness, soul purpose and is YOUR individual blueprint and kind of like 'your stage for your life'.

TOPIC 3 SELF-CONFIDENCE & RELATIONSHIPS

Your new aligned passionate focussed life is now a guided by a 90-day one coaching program that uncovers parts of your life to:

- 1. Learn Who You Are
- 2. Upgrade Your Skills
- 3. Design Your Purposeful life

That's your blueprint for your success!

What requires more work is often the INNER work of revamping your concepts of self, as well as beliefs about worthiness and deservingness to actually go out there and begin commanding changes of this nature.

Your revamped life is governed by your personality, shifting your confidence concept enabling you to progressively instigate change in your life, guided by your new-fangled enthusiasm to yourself, desires and dream life.

YOU BECOME A CHANGE AGENT - CREATE NEW BOUNDARIES

TOPIC 3 REBUILDING YOURSELF

As you begin learning your new mindset you create new boundaries letting go people who suck energy from you. NOW, it is enabling you time for self-care, love, better health and more money as you start to align yourself to your unique self.

So, let's say you have negative situations in your life.

Depending on your focus and priorities you will most likely release the easiest negativities in your mindset first learning, to appreciate yourself as a unique person with your own life agenda.

Over the next 30-60 days you will have a list of people, situations, actions, habits in your life that gradually you release, reinvent, rearrange and recreate that provides the changes in your life to self-alignment.

BECOME CONFIDENT

ESTABLISH NURTURING EXPERIENCES

TOPIC 4 DESIGN YOUR NEW LIFE

Because I'll show you the BEST shortcuts to increased confidence and positive relationships that allow you to recreate your life to enhance you then you move forward to Phase three. DESIGNING YOUR PURPOSEFUL LIFE. No reinventing the wheel!

You'll be breaking through your confidence blocks, loving your brand-new feeling of 'being in control' of your own life while exploring into unfulfilled dreams and unknown aspects not before considered.

Embracing Your soul PURPOSE, your UNIQUE life journey, your PERSONALITY, your newly acquired communication and boosted confidence you embark on a learning curve for your life.

With NEW SKILLS you are updating rules for yourself, understanding lessons learnt and WONDER IN JOY at the NEW positive life you have with YOURSELF. Positive people enter into your Life as you embark on a new journey of creativity and dream design for including more enjoyment, fun, happiness your life.

Amazingly you wonder 'why you wasted years of living your previous life'... BUT you weren't in enough misery, discontent or directionless UNTIL NOW!!

An ancient quote reinforces that "when the Student is ready - the Teacher appears'!!!

This idea that the disciple or student will call to the universe what they need to continue enlightenment has been proven over and over. YOU CALLED: You were nudged to read an advertisement, click a link, read tips and ideas to support your personal self-discovery journey.

That's the MAGIC OF LIFE!

TOPIC 4 RE-INVENTION UNDERWAY

Let's say you decide to release the past, habits and activities that no longer align to the new REVAMPED you.

You replace 'unfulfilling to fulfilling'. Some things you can release and change easier than others which feel obligatory or co-dependent.

BUT NOW – You understand the different types of relationships, experiences, lessons learnt and recreate yourself and your life. With amazement you understand your part in them but now you're ready to move forward in your life.

You are gentle on yourself because now you understand the mindset, beliefs since your childhood and throughout your life which had you thinking this was the 'right thing to do' OR 'you are selfish to look after yourself' OR 'be seen and not heard' so your own dreams where shelved.

You fell into a hole of unhappiness, lack of confidence, time and energy poor, negative mindset, anxiety, guilt, lack and unhealthy living...NOW YOU LEAVE IT BEHIND!!

You get the idea...

FIRST you say 'YES TO YOU' & YOUR UNIQUE LIFE JOURNEY'!!

You are about to TAKE CONTROL, become positive, become confident, embrace new skills, tools, beliefs, habits to start creating and manifesting your exciting awesome new adventure called 'MY LIFE'.



Topic 1 Uncover your Unique Self

Grasp your Soul Purpose, Delve into Aspects about Your Unique Journey

Topic 2 Self-Discovery Mindset Revamp

Releasing Negativity Understanding Your Fears, Feelings Roles

Topic 3 Self-Confidence & Positive Relationships

Identify Personality Traits Boosting Confidence Creating Self-Love

• Topic 4 Designing Your Awesome Purpose Aligned Exciting Life Releasing Completed, Revamp & Reinvention Underway

LYN'S TESTIMONIAL

THANK YOU JANICE – Excitement, possibilities. enlightening and transformative for me. I am working through doubts and old paradigms, discovered that my words can materialise and learning to harness that power. It has been Soul challenging being on this journey

BUT...I love it. I have started living it! It scared me to learn the type of personality/person I am / I have grown into. You showed me how to put a positive spin on the negatives. I could go on and on about the positive and emotional progress I have made so far.

I feel energised again. I have to learn to maintain that momentum to stay on top. That exercise rating my confidence, blew me away! An AHA moment indeed! I was trapped and stuck before this course. But now I am beginning to feel like I am swimming to the surface from the depths of an ocean and I have released the ball and chain that held me on the ocean be.

WHAT'S NEXT

These are the 3 stages in the Positively You Confident Successful Living Blueprint that has been used to help people to create their unique life journey and dreams. Some of the clients are travelling, reinventing themselves, starting businesses and making changes in their live or finetuning their present situations. They are creating and manifest their dreams using Law of Attraction techniques and manifesting their next steps.

If you'd like help implementing this strategy to implement the three stages in the Positively You Program, I'd love to talk to you. There is never any pressure on the breakthrough calls. The goal is to figure out where you are at and what your next 3 steps should be for revamping yourself, your thoughts, your life.

No matter what, you'll gain tremendous value from our call and some next steps for you to focus on. If you'd like to set up a breakthrough session with us, follow the URL below.

It is a FREE 45-minute Success Strategy Session with Janice, you'll discuss your goals, challenge and tips and ideas for your success. Book Now to Guarantee your personal success & manifesting your dreams into reality https://janicedavies.com/contact/

EXTRA INFORMATION LINKS

Video 1 - Welcome /Explanation video

BluePrint Explanation - Overview & Becoming Confident in Your Own Skin <u>https://youtu.be/cBbiFvhNWGw</u>

Video 2 - Success Attitude Tips Video Tips

30 Success Attitude Tips to Update Your Mindset https://bit.ly/2X0hlOp

Video 3 - Facebook Lives

Past Facebook Lives with Tips to Update your Life https://bit.ly/2w4Ugzl

Video 4 - Level of Consciousness Definition Video

Mindset Levels - Where You Are/Where Want to Be <u>https://youtu.be/PECSMg9mCYY</u>

Video 5 -Lyn's Testimonial

Past Participant - POSITIVE YOU Programme https://www.youtube.com/watch?v=rrSJ-n9fwDY

HERE'S WHAT HAPPENS ON A SUCCESS STRATEGY BREAKTHROUGH CALL

It is a FREE 45-minute Success Strategy Session with Janice. Together you'll discuss your goals, your challenge along with tips and ideas for your success.

So, if you're ready to BE confident, have more time & energy, make more money, be healthier, create positive relationships, get direction & purpose in your life book A Success Strategy call with Janice. Taking action is one of your first STEPPING STONES to moving yourself from an UNEMPOWERED unsatisfactory life to an EMPOWERED and POSITIVE LIFE.

Don't delay any longer. Book Now to Guarantee your personal success & manifesting your dreams into reality. https://janicedavies.com/contact/

FOR MORE AMAZING CONTENT YOU CAN FOLLOW ME ON SOCIAL MEDIA

JOIN MY SUCCESS ATTITUDE & EMPOWERMENT GROUP ON FACEBOOK CLICK HERE <u>HTTPS://TINYURL.COM/Y37N3A25</u>

MY YOU TUBE CHANNELS HAS NEW AND OLDER VIDEOS ON IT AND IT WILL GIVE YOU AN OVERVIEW OF INFORMATION SHARED IN MY POSITIVELY YOU - CONFIDENT SUCCESSFUL LIVING PROGRAM THAT WILL PROPEL YOUR LIFE FORWARD INTO CREATION AND MANIFESTATION. CLICK HERE <u>HTTPS://BIT.LY/3AKDN7F</u>

Schedule your free breakthrough call https://janicedavies.com/contact/